Growth Plan Sample — 2020

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| *List up to 3 professional and personal growth-minded activities per month. Examples include books to read, courses to take, events to attend, etc.* |
| **Month** | **Professional Activities** | **Personal Activities** |
| **January** | **1. Read *The Millionaire Real Estate Investor*** | **1. Lose 5 pounds** |
| **2. Attend BOLD** | **2. Have 4 date nights with spouse** |
| **3.**  | **3. Save $3,000** |
| **February** | **1. Read *The Millionaire Real Estate Agent*** | **1. Lose 5 pounds** |
| **2. Attend Family Reunion** | **2. Purchase an income property** |
| **3. Attend BOLD** | **3. Meditate for 15 minutes each evening before bed** |
| **March** | **1. Read *Shift*** | **1. Walk 3 evenings per week for 30 minutes** |
| **2. Attend KW MAPS Models Course** | **2. Maintain weight** |
| **3. Start The Perfect Real Estate Assistant Group Program** | **3. Cook a new recipe each Sunday** |
| **April** | **1. Read *The ONE Thing***  | **1. Walk 4 evenings per week for 30 minutes** |
| **2. The Perfect Real Estate Assistant Group Program** | **2. Start a garden the backyard** |
| **3.**  | **3. Have 4 date nights with spouse** |

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| **Month** | **Professional Activities** | **Personal Activities**  |
| **May**  | **1. Read *The 12 Week Year*** | **1. Donate 10% of monthly income to a charity** |
| **2. The Perfect Real Estate Assistant Group Program** | **2. Limit social media screen time to 1 hour per day** |
| **3.**  | **3. Meditate for 15 minutes each evening before bed** |
| **June** | **1. Read *Building a StoryBrand*** | **1. Journal each morning** |
| **2. Attend Spring Masterminds** | **2. Bake a new recipe each Saturday** |
| **3. The Perfect Real Estate Assistant GROUP Program** | **3. Write down 3-5 things I am grateful for** |
| **July** | **1. Read *Psycho-Cybernetics*** | **1. Take a weeklong vacation** |
| **2. The Perfect Real Estate Assistant Group Program** | **2. Save $5,000** |
| **3. Command Training**  | **3. List at least 3 things I am grateful for each day** |
| **August** | **1. Read *Rocket Fuel*** | **1. Journal each morning** |
| **2. The Perfect Real Estate Assistant Group Program** | **2. Drink 10 glasses of water per day** |
| **3.**  | **3. Go on an hour long hike each weekend** |

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| **Month** | **Professional Activities** | **Personal Activities** |
| **September**  | **1. Read Make Your Bed** | **1. Train for 5k race** |
| **2. Attend Mega Camp and Summer Masterminds** | **2. List to a podcast episode daily** |
| **3. Coaching Skills Camp 2.0** | **3.**  |
| **October** | **1. Read *The Psychology of Money*** | **1. Limit social media screen time to 1 hour per day** |
| **2. Attend BOLD** | **2. Save $5,000** |
| **3. Take Profit Camp Course** | **3. Train for 5k race** |
| **November**  | **1. Read *Relentless*** | **1. Learn how to knit** |
| **2. Attend Fall Business Planning Mastermind** | **2. Participate in 5k race** |
| **3.**  | **3. Listen to a podcast daily** |
| **December**  | **1. Read *Unlimited Power*** | **1. Take a weeklong vacation** |
| **2.**  | **2. Donate $1,000 to Toys for Tots** |
| **3.**  | **3.**  |